

















Weekly Menu

Week 5 Term 1

	Monday 28/2/22	Tuesday 1/3/22	Wednesday 2/3/22	Thursday 3/3/22	Friday 4/3/22
Breakfast	Milo Cereal 	Eggs on Toast 	Warm Milo 	Toasties 	Smoothies 
	Toast, cereal, milk and fresh fruit are available for breakfast every morning.				
Afternoon Tea	Vegemite & Cheese Scrolls Puff pastry filled with cheese and Vegemite spread, baked in the oven. 	Chicken Bulgogi with Rice A traditional house made Korean chicken Bulgolgi served with Rice <i>Vegetarian option available</i> 	Fettucine Boscaiola Chicken and mushroom pasta in a light cream sauce <i>Vegetarian option available</i> 	Chicken Gyros Chicken, lettuce, tomato and red onion in pita bread with a Greek tzaikzi <i>Vegetarian option available</i> 	Lebanese Bread with Spreads Lebanese bread served with traditional dips from all around the world 
Fresh seasonal fruit is served everyday with afternoon tea. Fruit is also offered as a snack at 4.30pm and 5.30pm. Water is always available.					

 Fruit and/or vegetables
  Wholegrains & cereals
  Dairy
  Protein